

Sophie Kasaei stuns in a blue bikini as she soaks up the sun by the pool

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Sophie Kasaei may have been working up a sweat in Marrakech, but the Geordie Shore star looked stunning as she showed off her hard work in a skimpy bikini.

The Geordie Shore star, 29, is currently at a Hollistic Bootcamp with her co-stars Nathan Henry, 27, Abbie Holborn, 21, and former cast mate Holly Hagan, 26.

Sophie and her pals jetted off to the western Morocco city yesterday and have been pictured getting hot and have been keeping their followers up to date as they get hot and sweaty at the camp, which is designed to put their mind and bodies through the ultimate test.

Sophie has worked hard for her body and has undergone a drastic makeover in the past few years, losing two stone due to dieting and a strict fitness regime.

She recently underwent a non-surgical bum lift ahead of her red carpet appearance at the MTV EMAs.

“It’s EMA weekend and the prep has began,” the star revealed as she shared a video of herself getting a bum lift.

“I came to @shanecooperuk clinic for my bespoke head to toe treatment, getting me red carpet ready for EMAs on Sunday,” she explained.

“What I love about Shane’s treatments is that they are all non-surgical and he has tailored the treatment for me to focus on skin tightening and contouring,” she continued.

“[He is] making me feel body confident and ready for the red carpet,” she added.

Footage accompanying the statement showed Sophie lying on a bed while a device was rubbed and massaged across

her buttocks.

- The Sun