Bride-to-be Karen Danczuk showcases off her famous cleavage in a plunging bikini as she sunbath

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Bride-to-be Karen Danczuk showcases off her famous cleavage in a plunging bikini as she sunbathes in Spain - but the selfie-queen leaves her engagement ring at home.

She recently admitted she was planning to slim down for her upcoming wedding.

And Karen Danczuk was looking svelte as ever as she flaunted her toned physique while sunbathing in Spain.

The 'selfie queen', 35, slipped into a floral triangle bikini which emphasised her famous cleavage for a trip to the beach.

Oozing confidence as she adjusted her tiny two piece, the mother-of-two offered beach goers a glimpse of her tiny back tattoo as it peeked out of her bikini bottoms.Â

The ex-wife of Rochdale MP Simon Danczuk, who got engaged to her toyboy Spanish waiter lover David last July, enjoyed the beach day without her husband-to-be.

She also appeared to have left her engagement ring at home for safe-keeping, stepping out without her rock today.

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Back in September, the brunette beauty revealed her diet plans ahead of their upcoming wedding, saying she wanted to slim down.

Speaking on Loose Women, Danczuk said: 'The in-laws certainly want children but I think we're going to focus on the wedding because I'm determined to get slim.

'We might have children in the future possibly.'

She later revealed that the pair are 'crazily in love' - despite her now-fiancÃ© initially rejecting her, leaving her devastated.

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Danczuk said: 'I asked him out and he said, "Sorry, no". It was a long walk back. I didn't eat that night.

'I came back to England and thought I can't stop thinking about this boy. I thought I'll go back to Spain and try it once more.'

Wearing her brunette locks in a relaxed style, the mother-of-two accessorised with just a pair of shades.

Danczuk kept her makeup light and natural as she showed off her naval piercing as she walked along the beach. She later settled down on her towel to catch some rays.

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The former Celebrity Island with Bear Grylls contestant's turbulent relationship with Simon Danczuk ended in June 2015 - with Karen claiming the MP had become jealous of the attention she was getting for her risque selfies.

Simon instead blamed their separation on his depression, caused by his work campaigning against child sex abuse.Â

In August 2016, the pair got into a shouting match over Karen's new beau which med to the former MP's arrest.Â

He spent two nights in police cells before being told he would not face a domestic violence trial when his former wife decided not to press charges in court.

Danczuk claims that after the fight that she had 40 stitches to her torso and hand after falling on glass from a broken door Simon, 51, kicked down in a jealous rage.

- Daily Mail