

Pretty Little Liars star Shay Mitchell goes topless as she strips down to tiny bikini bottoms to soak

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She's gushed about her relaxed approach to diet and fitness.

And Shay Mitchell was certainly full of confidence as she hit a nudist beach during her sun-soaked getaway to Mykonos on Monday.

The 30-year-old actress of Pretty Little Liars fame embraced the very relaxed dress code by going topless as she enjoyed time with her pals.

--- Dailymail