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Padma Lakshmi, rocks tiny blue bikini revealing her toned abs in a sweet Instagram with her daugh

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The actress showed off her hot body in a new Instagram she posted on Saturday.

Padma Lakshmi may be a 48-year-old who hosts a reality cooking show, but she still maintains a tight and toned physique.

Holding her daughter Krishna's hand, the mother daughter duo posed for a picture while on vacation.

Mommy daughter day: Padma Lakshmi, 48, rocked a small navy blue bikini in a new Instagram posted on Saturday with her daughter

Her hair was wet from the ocean salt as she stood on a rock with waves crashing around her and her 9-year-old daughter's feet.

Padma captioned the photo, 'About to head on a spring break adventure with #littlehands âœ^ï,• #whichwaysthebeach #mommyandme.'

Krishna matched her mother in a blue and white flower one piece.

It works: The Top Chef hosted layered a white linen dress underneath a lined, leather jacket at the Rebecca Taylor x The Wing launch event in New York City earlier in the week

Lucky little one: Padma and Krishna attended the Captain Marvel film screening in New York at the start of March

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