

## **Britney Spears shows off her 5lb weight loss as she does yoga after leaving rehab**

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The star looked stunning in a tiny bikini as she wowed fans with her lithe moves.

### ***Britney showed off her yoga skills and recent weight loss***

BRITNEY Spears showed off her sensational body as she did a number of difficult yoga poses in a tiny zebra-print bikini.

The star has recently lost 5lbs of weight due to the stress of leaving rehab and scrutiny over her mental health.

Fans seemed thrilled to see their "queen" looking happy, relaxed and very, very flexible.

One wrote: "On fire britney. This is the britney we want to see always"

And another added: "Queen is back!!!"

While one wrote: "Go girl!!! Take all the "me time" you need!"

### ***Brit threw herself up into a handstand***

### ***The superstar singer easily slid into the splits during the short video***

The short video was captioned with, "Yoga on the green, I really like it LIKE THAT !!!" and featured Cardi B's song I Like It as it played.

Leaving her long hair flowing, at one point Britney goes into handstand before pulling her leg up high and sliding easily into the splits.

The star, 37, recently revealed on Instagram she's shrinking thanks to her recent struggles. She wrote next to a video of her working out: "Who knew stress would be a great 5 pound weight loss. Yay for me!"

It comes after the star broke her silence after being treated at a mental health facility amid reports she was suffering with "severe emotional distress".

### ***Fans of the star were thrilled to see her looking so healthy and relaxed***

***Britney pulled off a number of poses on a golfing green***

The superstar singer shared a video on Instagram to address the rumours surrounding her wellbeing and accused her ex-manager, Sam Lutfi, of sending fake emails pretending to be her.

In the video, Britney explained she needed time to herself because her family have been â€œgoing through a lot of stress and anxiety latelyâ€•.

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