

MEL'S SO FLEXY - Mel Sykes wows in a pink bikini as she credits yoga for her toned figure

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Mel Sykes is pink and perky as she strips off to a skimpy bikini for a new photoshoot. The TV and radio presenter, 48, flaunted her fabulous figure in the eye-catching fuschia two-piece.

Mel Skyes looked stunning in this pink two-piece which showed off her incredible physique

Trim Mel, once the face of Boddingtons Bitter, has been holidaying in Majorca with photographer pal Samantha Henley.

And the mum-of-two credits her fit physique to hardcore yoga sessions.

She said: "It's physically challenging and at the same time good for my head and I'm getting quite flexible too which is a blessing as I get older."

It's easy to see why Mel has caught the eye of celebrities including Steve Coogan, 53, and Olly Murs, 35, in recent months.

The presenter shared this snap on her Instagram of a spa weekend with her girlfriends

Mel credits her yoga regime for her impressive figure

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