NUDE AWAKENING - Hundreds of brave Brits strip off to mark the autumn equinox with mass skinn

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The autumn equinox saw hundreds of brave Brits join a mass skinny dipping session in the North Sea Sept. 22 morning. The event, which takes place every year in Druridge Bay, Northumberland, marks one of the two days of the year on which the sun's path exactly follows the equator, and raises money for mental health charity mind.

Hundreds joined a mass skinny dip in the North Sea Sept. 22 morning

The annual event, known as the North East Skinny Dip, marks the autumn equinox

The autumn equinox is one of the two days of the year on which the sun's path exactly follows the equator

The gathering also raises money for mental health charity MIND

Participants pay an entrance fee of Â£12, which is donated to the charity

It's founders it is a 'celebration of life and of out own, unique, physical bodies'

The event takes place in Druridge Bay, Northumberland

Over 600 people attended last year's event

The average temperature in the North Sea is around 18C

The event sees people gather from 5.30am

Organisers say the event grows every year

Since its inception in 2012, the event has raised Â£40,000

- The Sun