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Yummy Mummy - Claire Sweeney, 48, looks incredible in teal and gold bikini as she splashes arour 15/01/2020 20:52 by admin

She may be turning 49 in a few months, but Claire Sweeney proved age is nothing but a number as she enjoyed a winter getaway to Barbados.

The mum-of-one looked incredible as she showed off her enviable figure whilst taking a dip in the ocean.

Claire Sweeney flaunts her bikini body whilst taking a dip in Barbados

Flaunting her curves in some skimpy swimwear, Claire opted for a teal and gold halterneck bikini top and matching bottoms.

As she splashed around in the ocean, Claire was seen holding up her tie-up bikini bottoms - perhaps trying to avoid an embarrassing wardrobe malfunction.

The former Brookside star left her blonde hair down and accessorised with a large silver cross pendant as she soaked up some rays.

As she headed back to her sun lounger, Claire decided to cover up in a teal kaftan, which featured fringed detailing.

Claire looked sensational in her teal and gold bikini

Claire has lost a staggering four stone and is keen to show off the resultsCredit: BackGrid

She then popped on a pair of glasses and looked deep in thought as she scrolled through her mobile phone, before taking another dip in the sea.

Claire is on holiday with her four-year-old son Jaxon, who she was pictured laughing with by her sunbed.

The youngster, who was dressed in a cute Hawaiian shirt, is Claire's only child with former partner Daniel Reilly.

She was engaged to Daniel from January 2103 until July 2015, but has recently said she is open to finding love again after being pictured with a mystery man last year.

Claire was enjoying a winter getaway with her four-year-old son Jaxon

Claire was later seen engrossed on her mobile phone as she took another dip

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The former Brookside star didn't have a care in the world as she splashed around in the sea

The 48-year-old actress has been keeping her fans up-to-date with her getaway to Barbados and has shared plenty of snaps on Instagram.

Doting on Jaxon in most of the adorable photos, Claire simply captioned one: "The light of my life."

Another showed the youngster being served a non-alcoholic cocktail as he enjoyed dinner with his famous mum.

Hinting at her past struggles with her weight, Claire also took to Twitter to share a photo of her with her son and suggested that being slimmer does not equal being happy.

She captioned the photo: "Been skinny and felt lonely in Barbados, been skinny and with the wrong person In Barbados. Today I couldn't be happier."

Of course, Claire was inundated with compliments from her followers.

"You are stunning," one person replied, while another commented: "And there you are, skinny, happy, with the right person in Barbados. Lucky you. Enjoy."

- The Sun