Helen Flanagan looks incredible in yellow lace lingerie as she shows off post-baby body five month

09/08/2021 19:21 by admin

Helen Flanagan looked incredible in yellow lace lingerie as she proudly showed off her post-baby body five months after giving birth.

The star celebrated her 31st birthday at the weekend, and marked her starsign's "season" as she shared the sexy pics.

Helen looked sensational as she posed in yellow lingerie

The beauty showed off her toned tum

The mother-of-three looked sensational as she posed in front of a huge tub, her incredible figure the envy of her followers.

In the first snap, Helen is smiling for the camera - a bold lip adding a glam look to her snaps, and her hair tied back.

She is wearing a matching lingerie set of a yellow lace bra and knickers, accessorising with a simple necklace.

Her toned abs are firmly on display in the final image, with the actress lifting her hands to her head as she gazed down at the floor.

Helen simply captioned the post: "Leo season", and fans were quick to share their admiration.

One wrote: "Yummy mummy!"

Another added: "Wow, you look incredible!"

A third agreed: "You are an absolute babe."

MUMMY SHAMING

Helen and fiance Scott Sinclair welcomed their third child, son Charlie, in March of this year - with the pair already mum and dad to six-year-old Matilda, and three-year-old Delilah.

Back in June, Helen was horrified after cruel mum-shamers trolled her incredible bikini body eight weeks after she gave birth.

The beauty had posed alongside her daughters in a gingham two-piece as she took them swimming, and was stunned by the onslaught of vile abuse.

A source said at the time: "Criticism is hard for Helen as she's openly admitted to being insecure and is very self-aware.

"The photo was a happy moment with her girls and she did feel content in her body.

"She got a lot of really lovely comments but the negative comments from mummy-shamers still crept in and they do hurt."

They went on to tell New magazine that Helen didn't post the snap to "brag" about her figure, she was just "embracing" the body that gave her her three children.

Helen had previously admitted that she hadn't done any exercise after having Charlie, adding at the time: "My body has changed with each baby. My boobs have changed a lot with nursing each.

"The skin on my stomach has changed but I feel so lucky to able to have carried my babies."

Helen poignantly went on: "As a mummy of girls I want to show them to be confident in their own skin and to love themselves. I do affirmations with them on the school run such as, 'I am amazing', 'I can do anything'."

Helen welcomed her third child in March

Charlie is her and fiance Scott's first son

This photo with her daughters sparked backlash in June

- The Sun