Woman left in nothing but her underwear after epic Dirty Dancing lift fail which saw her dress rippe

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This is the moment a woman was left in nothing but her underwear after attempting to perform the iconic Dirty Dancing lift.

The elaborate dance move went horribly wrong and ended up causing her dress to fall, leaving her half-naked on the ground.

The pair are able to pull off the choreography

The man lifts her up in the air

But it ends up with the woman half-naked on the ground

Footage of the failed stunt shows the woman, dressed in a midi dress and boots, running towards her dance partner, exactly like "Baby" in the iconic film.

The lift is best known for its use during the (I've Had) The Time Of My Life number in the 1987 flick starring Patrick Swayze and Jennifer Grey.

The man catches her and lifts her in the air Dirty-Dancing style copying
Swayze's moves.

But that's when things started to go wrong- the woman who has her arms around the man's neck and the rest of her body in the air suddenly loses her balance.

In a desperate bid to catch her before she falls, the man grabs her dress which then comes off while the woman falls on the ground.

Luckily, she doesn't seem injured and appears to be laughing at the hilarious fail instead.

Back in January, a woman was almost killed trying to recreate the iconic choreography.

In a failed execution of the tricky move, Rosie Slennett tipped over her boyfriend's shoulders and landed on her neck.

The woman had to be rushed to the hospital where stunned doctors were surprised she was still able to walk.

The couple tried to recreate the iconic lift

- The Sun